

Public Health Notice to Families
Potential Exposure – **Identified Close Contact**

June 10, 2021

Dear Parent/Guardian/Staff,

Public Health has determined that you (staff) or your child (student) may have been exposed to COVID-19 on **June 4, 7, 8 and/or 9th at Citadel High School and are considered a close contact**. This could be because you/your child shares the same class and/or after-school program/activities with the person who tested positive.

All students and staff who receive this letter must self-isolate immediately. Please book a COVID-19 test by completing an assessment at <https://covid-self-assessment.novascotia.ca/en> or call 811 and identify yourself as being a close contact to a positive case of COVID-19 from Citadel High School.

- You will receive a phone call from Public Health to check-in and answer your questions.
- As a close contact, you/your child is required to isolate for 14 days, regardless of a negative test result (June 23rd at 11:59 p.m. depending on the last date of exposure).
- You will receive a call or email regarding the Public Health Daily Check-in digital service. This system will help you to self-manage symptom monitoring and connect back to Public Health as needed during self-isolation.
- Public Health will arrange additional tests as needed during your isolation period. You will receive a call or email from the booking office with your subsequent test dates.

Household members of close contacts do not need to self-isolate, unless the identified close contact has or develops any symptoms, then your entire household must isolate pending the close contact's test results. If negative, the household is able to stop their isolation. If positive, Public Health will provide further direction. However, regardless of the close contact's test result, they must continue self-isolation for the full 14 day period. Symptoms include fever, runny nose/nasal congestion, cough, sore throat, headache, shortness of breath. If the close contact develops even mild symptoms they must get re-tested immediately.

Please find attached a document that will help you better understand the isolation guidelines.

We are working with the Halifax Regional Centre for Education and the school to make sure all necessary steps are taken to support a safe return to school for students. Your school will provide more details.

You can find more information about COVID-19, self-isolation, proper hand-hygiene, mask use and other ways to keep yourself safe at www.novascotia.ca/coronavirus.

Sincerely,

Public Health, Nova Scotia Health